WELCOME TO HIGH SCHOOL HEALTH!!!

This semester we will cover a variety of topics which I hope you will find very interesting.

EXPECTATIONS:

- 1) **RESPECT**. Health topics may be sensitive issues for some students. Respect the teacher, students, and all objects in the classroom.
- 2) NO PUT DOWNS!
- 3) **COME PREPARED EVERYDAY**: These are the supplies you will need each day for health class. You may lose participation points if you are not prepared.
 - 1. Three Ring Binder
 - 2. Spiral Notebook (this will serve as a daily journal and class notebook)
 - 3. Pen or Pencil

Class Outline:



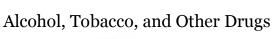
Wellness



Nutrition



Stress Management





Disease



Human Growth and Development



Grading Policy: (Late assignments will be docked 5 points for each school day) Exams & Projects- 25% Journal/Classwork- 25% Quizzes & HW- 25% Participation 25% (Participation grade is based on daily attendance, preparedness, and participation in class. You can earn four participation points per day)
Participation - If you are late to class you will be docked one participation point <u>automatically</u> , the only way to avoid this is to bring an PASS with you when you come late to class.
WHILE YOU WERE OUT
If you miss a class you will earn a zero for that day. You may make up these participation points, if you have an excused absence by completing a current event summary. See Mrs. Jones after you have missed a class to get the assignment.
CLASSROOM WEBSITE- You and your parents will find it very useful as there are various links to homework assignments, e-mail, and a mailing list which will keep you informed of upcoming projects or exams.
The URL for the classroom website is: http://sites.google.com/site/shshealthjones
I look forward to a great semester!
Mrs. Jones
HOMEWORK ASSIGNMENT #1!!! Please have your parents fill out and sign the bottom of this worksheet. Return for a 100 next class! (5 points will be taken off for each day it is late.)
Student's name (please print)
Parent's Name (please print)
HOME PHONE # PARENT/GUARDIAN CELL PHONE #
EMAIL Parent Signature
Please check the box below to indicate your preferred method of contact:
☐ Home Phone ☐ Cell Phone ☐ E-Mail