**Point-Based Reward Strategy – Lisa O’Connell – based on the work of Alan E. Kazdin Ph.D.**

Step One – Preparing the Chart

* Make the chart.
* Choose the “currency” – stickers, points, etc.
* Attach a point value to certain behaviors.
* Choose the rewards that can be bought with the points.

Step Two – Effective Use

* Post the chart where the child sees it regularly.
* Reward the points as soon after the successful behavior is shown as possible.
* ALWAYS accompany the awarding of points with effective, specific praise/feedback. (For example, you may use; I like how you clearly stated your opinion with details from the text. It is nice to see that your math work is written neatly and clearly. I am happy that you finished all of your math and ELA homework and turned it in on time. Instead of good job, great work, or I am proud of you.)
* Be consistent about reward the points and rewards.
* The chart has to be predictable and reliable to strengthen the relationship between behavior and consequence.

Step Three – Points and Rewards

* To begin with, the rewards need to be minor and cost just a few points so that the child can earn one each day.
* The rewards need to fit the age and interests of the child.
* Think of rewards that offer privileges and control without costing anything extra.
* Price the rewards. If you are looking for a child to prepare for the day during the morning routine in the classroom, the child can earn one point for unpacking his/her backpack and hanging it up in the new time limit given; be given another point for getting his/her morning work in the time limit given; and earn a third point for having his/her books ready for the first class by the time limit given. This would allow him/her to earn 3 points each morning he/she is successful. If the child is successful in completing only some of the behaviors, the points earned for only those behaviors are given.
* Using the three-point system above, this child can earn 15 points per week. Be sure to divide the rewards into categories of earned points. The bigger rewards should be awarded for at least 12 – 15 points.
* You can also create a bonus reward that a child can earn if he/she earns a set number of points. The child would receive the 12 point reward each week and then the bonus award for 36 points if the 12 point reward was given each week.

Susan Jones Points Chart Week of October 15

M T W TH F

Hang up backpack and coat within 5 minutes getting to classroom

Complete morning work within 20 minutes getting to classroom

Ready for ELA with books, notebooks,

pencils, and assignment pad on desk within 25 minutes of getting to classroom

\*Personal timers can be used with this type of behavior modification.