



# Things to Remember

#### November 3

Rock & Skate @ First Arena

#### **November 7**

Picture retakes

## November 9

- 1st marking period ends
- Movie night @The Heights Theater (transportation provided)

#### November 10

No School –Veteran's Day

#### November 13

hruspy hreme orders due

#### November 15

1st Marking period grades are available

### November 17

**huspy hreme** Pickup and delivery

#### November 22-24

No School –Thanksgiving Recess

#### November 30

Parent teacher conferences 4:30-7:00pm



# Parent & Student

## Portal

You and your student(s) can have 24-7
schooltool access to his/her academic information with
Parent Portal Parent Portal and Student Portal.

These Portals give you immediate access to:

- Grades
- Real time averages
- assignment grades
- Attendance/discipline history
- student schedules
- email teachers with a click of a button
- Bus schedule

All of this right from your computer, phone or other electronic device.

# **Parent Partner**

# Website

For more information about these and other events please feel free to contact me or check out my webpage @ http://v2.toolboxpro.org/classrooms/template.cfm?ID=6580

....

Go to: Elmira City School District's Website Click on:

Schools

F C

- Ernie Davis Academy
  - Family and Community Outreach
    Website
    (under classrooms)



# National Junior Honor Society

## Remember:

Students must have a 90% or above average and complete at least 10 hours of community service to be eligible for NJHS. Students who have 50 or more community service hours within the school year can receive a Presidents' Volunteer Service Award at our end of the year Awards Ceremony.

50-74 hours= BRONZE Award, 75-99 hours= SILVER Award, 100+ hours= GOLD Award

#### **Volunteer Opportunities:**

Corning Museum of Glass	Elmira Animal Shelter
http://www.cmog.org/get-involved/	(14 years & older)
volunteer/become-teen-volunteer	842 Linden Place,
or email - volunteers@cmog.org	Elmira, NY 14901
	(607) 737-5767
	http://www.cityofelmira.net/animal-shelter/volunteer
The Salvation Army Red Kettle Drive	The Elmira Holiday Parade
Major Dori Haggerty	Community Bank

Major Dori Haggerty 414 Lake St Elmira, NY 14904 (607)732-0314

For more information, please contact: Mark Burfield: (607)735-3100

300 W. Water Street

Elmira, NY 14904

(607)733-5533

mburfiel@elmiracityschools.com



# Achieve\*Prepare\*EXplore APEX Project

## Parents please encourage your student to attend APEX at EDA.

Tuesday and Thursdays after school from 3:20pm-5:20pm, and on Saturday mornings from 8-10.

**Tutoring includes:** Math, Science, ELA, Reading, Global Studies, Art, and Spanish **Enrichment features include,** but not limited to:

- Stress Free Senses
- Cooking 101
- Fitness Bootcamp

- Crafting
- Cosmetology
- Mastering Chess

- Crypto Club
- o Board Game Club
- Boxing/MMA Program

- Spanish Club
- Global Club
- Art Club

o Architectural Awareness NEW!

For more information please contact: Michelle Harty, 735-3100, mharty@elmiracityschools

There is a bus provided home on Tuesdays and Thursdays and a bus TO and FROM school on Saturday mornings.

# Guidance



#### Counselors

8th Grade:

Ms. Hartke ~ Teams Gray & Green Mrs. VanSant ~ Teams Red & Blue

9th Grade:

Miss Johnson ~ Last Names A-L Mr. Mastronardi ~ Last Names M-Z

## **Crystal Townsend ~ Family & Community Outreach Coordinator**

#### November 2017



# Principal's Corner

Dear EDA Families:

As we enter the third month of school it is evident that our 8<sup>th</sup> grade students have transitioned positively into their first year at EDA. Their enthusiasm in learning and eagerness to get from one class to the next is exciting to see. Our 9<sup>th</sup> grade students have assumed the role of leaders in our school as they demonstrate leadership skills in the community and most importantly in the classroom. It is a pleasure to see our students engaged in the learning process and actively participating in the programs and opportunities at EDA.

It is hard to believe that the end of the first marking period is Thursday, November 9<sup>th</sup>. Be sure to check Parent Portal on November 15<sup>th</sup> for your child's grades. Parent Teacher Conferences will be held on November 30<sup>th</sup> from 4:30 – 7:00pm and can be scheduled by calling the EDA Main Office.

The month of November will be filled with many exciting learning opportunities. As always, I encourage you to call if you ever have a question or concern.

Sincerely,

Carrie A. Rollins EDA Principal



# **Upcoming Events**

December 1st

 $Hockey @ Elmira \ College \ (transportation \ provided) \\ \textbf{December 8}^{th}$ 

Holiday Youth Event @ EDA

December 15th

Rock & Skate @ First Arena

December 18th - 22nd

Winter Spirit Week

December 22<sup>nd</sup>

Pep Assembly

December 25th - January 1st

Winter Recess



# Talking to Teens About Bullying: 4 Dos and Don'ts

Both teens and adults are concerned about bullying. Unfortunately, adults and teens often find it difficult to communicate about this issue.

It may not seem like it at times, teens desperately want to talk about their problems, especially when it comes to bullying. However, they often keep silent, fearing that the adults in their life will "freak out" or get angry with them if they do admit that they're struggling.

What can adults do to communicate with teens? Communications experts Adele Faber and Elaine Mazlish offer some practical advice in their bestselling book "How to Talk So Teens Will Listen & Listen So Teens Will Talk." The book doesn't talk about the issue of bullying specifically, but it does offer a number of ideas for adults on how to communicate effectively with teens.

Here are four "dos" and "don'ts" t from Faber and Mazlish's book.

When a teen comes to talk to you about bullying...

#### DON'T dismiss their feelings. DO listen to them.

"Don't worry," "Forget about it," and "Just move on" are the kinds of things we want to say to teens when they voice their concerns, because seeing them in pain makes *us* uncomfortable. The problem with this approach is that it makes them feel as if no one is listening to them. We need to listen to our teens so we can really understand what is going on in their lives.

#### DON'T ignore their feelings. DO empathize with them.

Several researchers have discovered that teens in crisis often wait until their emotional pain is overwhelming before they seek help from adults. When a teen does open up to you, then, don't ignore or push aside their expressed feelings; empathize with them instead. Reflect what they're feeling back to them in your words and tone. This helps them work through their feelings.

#### DON'T jump to conclusions. DO listen calmly and carefully.

When teens admit that they are being bullied (or that they are bullying others), we are often surprised and hurt. Left unchecked, our raw emotions can cause us to lash out at our teens. For example, we might ask why they haven't come to us before or gotten help for the problem themselves. This kind of response will only make teens shut down and wonder why they decided to confide in you. Do your best to listen to your teens so you can hear what they are saying.

#### DON'T tell them what to do. DO work on the problem with them.

When a teen talks about a problem in their life, we often try to jump in right away with a solution. This keeps us from fully understanding our teens, makes them feel they are not being heard, and denies them to chance to work through their problems themselves. Brainstorm potential solutions to their problem with them instead of giving them instructions so they "don't tune out." When you do this well, you can make them feel safe while also building their self-confidence.

Finally, keep in mind that teens might not be willing to tell adults their problems, even when they know that the adults in their life care about them. So, here are some warning signs that your child may have been exposed to bullying:

- Comes home with damaged or missing clothing or other belongings
- Reports losing items such as books, electronics, clothing, or jewelry
- Has unexplained injuries
- Complains frequently of headaches, stomachaches, or feeling sick
- Has trouble sleeping or has frequent bad dreams
- Has changes in eating habits
- Hurts themselves
- Are very hungry after school from not eating their lunch
- Runs away from home
- Loses interest in visiting or talking with friends
- Is afraid of going to school or other activities with peers
- Loses interest in school work or begins to do poorly in school
- Appears sad, moody, angry, anxious or depressed when they come home
- Talks about suicide
- Feels helpless
- Often feels like they are not good enough
- Blames themselves for their problems
- Suddenly has fewer friends
- Avoids certain places
- Acts differently than usual

http://www.cyberbullyhotline.com/talking-to-teens-about-bullying.html